

grapevine group

SUICIDE INTERVENTION RESOURCE LIST

[mackay & district]



GRAPEVINE GROUP ASSOC INC.

P> 07 4951 4834

F> 07 4953 4117

M> 0409 441 640

EMAIL> chairperson@
grapevinegroup.org.au

POST> 41 Paulette Street,
West Mackay Q 4740

RAISING FUNDS AND AWARENESS

SUICIDE INTERVENTION RESOURCES (MACKAY + DISTRICT)

[immediate crisis]

AMBULANCE, POLICE & FIRE Emergency Services **000**

LIFELINE Australia Crisis Line **13 11 14**

www.lifeline.org.au

24-hour telephone counselling

KIDS Help Line **1800 551 800**

www.kidshelp.com.au

24-hour telephone & online counselling service (people aged 5 & 18).

CRISIS Care **1800 177 135**

POISONS Information **13 11 26**

SALVO Care Line **1300 363 622**

PARENTLINE **1300 301 300**

ADIS Alcohol & Drug Information Service **1800 177 833**

24-hour confidential helpline - information & counselling

MENSLINE Australia **1300 789 978**

www.menslineaus.org.au

KALYAN Youth Services **07 4951 4352**

(16 – 21 year olds) 4 - 6 Park St Mackay Q 4740

[24 hour emergencies]

Your **LOCAL** General Practitioner

MACKAY District Health Service (Base Hospital) **07 4968 6000**

MATER Hospital **07 4965 5666**

DOMESTIC Violence Resource Service **1800 811 811**

www.dvrs.org.au

24hrs/7 days DV-Connect offers a free & confidential service for women, children, family members & individuals affected by domestic and family violence.

[telephone counselling, face-to-face counselling, referral services]

Your **LOCAL** General Practitioner

AICHS Aboriginal Torres Strait Islander Community Health Service **07 4951 2833**

ANGLICARE **07 4953 4444**

Face to face counselling

CENTACARE **07 4957 2533**

<http://www.centacare.net/centres/centres.htm>

CHILD Safety Service Centre **07 4967 2344**

CHILD & Youth Mental Health **074968 3849**

COMMUNITY Health **07 4968 3800**

Nelson Street

CRISIS Accommodation Support Association **07 4951 4299**

DEPARTMENT of Communities **07 4967 4420**

FAMILY Drug Support **1300 368 186**

GAMBLING Helpline **1800 222 050**

GAY and Lesbian Counselling Service **1800 184 527**



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GEORGE Street Neighbourhood Centre **07 4957 2626**

SEXUAL Assault Helpline **1800 010 120**

LIFELINE Mackay-Whitsundays **07 4944 2300**

www.lifeline.org.au

Face-to-face counselling, information and referrals.

287 Shakespeare St Q 4741

LIFELINE Financial First Aid Telephone Counselling **1300 370 255**

www.lifeline.org.au

MACKAY Community Health Service

[Integrated Mental Health Service] **07 4968 3893**

12-14 Nelson Street, Mackay Qld 4740

OZCARE Residential Drug & Alcohol Treatment Service **07 4967 1330**

www.ozcare.org.au

6-8 week safe & supportive, short term non-medicated social detoxification & rehabilitation program.

PRIVATE Psychologists & Counsellors

RELATIONSHIPS Australia **1300 364 277**

www.relationships.com.au

VICTIMS of Crime **1300 733 777**

WHITSUNDAY Neighbourhood Centre **07 4786 2111**

WOMEN'S Health Centre & Pregnancy Help **07 4953 1788**

YIRS Youth Information & Referral Service **07 4957 7949**

60 Victoria Street, Mackay Qld

RAISING FUNDS AND AWARENESS

SUICIDE INTERVENTION RESOURCES (MACKAY + DISTRICT)

[support and information services]

ABORIGINAL, Torres Strait Islander Community Legal Aid **07 4953 4058**

DEPARTMENT of Housing **07 4967 0888**

DISABILITY Service QLD **07 4944 6200**

LEGAL Aid **07 4957 2564**

WOMEN'S Clinic (Base Hospital) **07 4968 6446**

[support groups]

ALCOHOLICS Anonymous **07 4953 1742**

www.alcoholicsanonymous.org.au

Fellowship who share experience, strength & hope in recovery from alcoholism, depression, anxiety & related substance misuse

NARCOTICS Anonymous **1300 652 820**

www.naoz.org.au

Fellowship's primary purpose: to stay clean & carry the message that it is possible to stop using drugs to addicts suffering active addiction.

NAR-ANON Family Support Group **07 4952 6653**

www.naranon.com.au

Self-help support group for families & friends of drug users. Members meet anonymously to gain & offer support.

Women's Health, 77 Gregory St, Mackay

ST. VINCENT De Paul Society Mental Health Support Group **07 4957 3955**

www.vinnies.org.au/gld

Cnr Romeo & Juliet Sts, Mackay